Exercise:
It's your turn!

This exercise is about combining symmetrical and asymmetrical sequences into a coordinated composition.

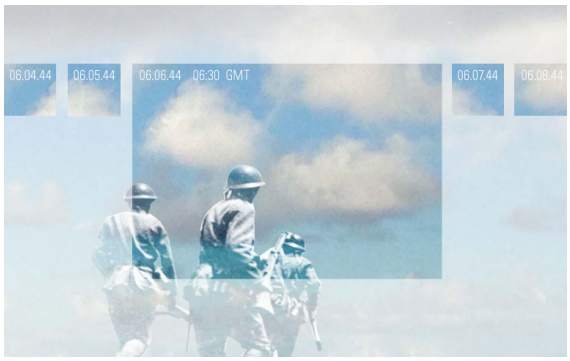
Find or create at least three rhythmic sequences: at least one symmetrical sequence and at least one asymmetrical sequence.

Combine all three sequences into one composition. You may overlap, intersect, separate, repeat, crop, enlarge, reduce, or otherwise modify the sequences as needed.

Make sure the difference between the symmetrical and asymmetrical rhythms is visually apparent.

The goal: Explore the visual contrast and interaction between symmetrical and asymmetrical rhythm within a single composition.

Traditional, digital, or mixed media.
Suggested time: 60–90 minutes.



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