Exercise:
It's your turn!

In this exercise, you will create your own version of a progressive sequence by establishing a rhythm through systematic change.

Choose a visual element; an object, shape, letterform, food item, photograph, mark, or something from your own photos or artwork.

Repeat it while progressively changing one or more qualities: size, shape, spacing, position, direction, value, color, texture, etc.

Arrange the progression to create a clear sense of movement or development.

Challenge: Create a progression that isn't simply small-to-large.

Goal: Make change itself create the rhythm.

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